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| **EMPHASIS** |  |  |  | |  |
| **DATE :** | | **AGE GROUP :** | | **COACH :** | |
| **WARM UP** | | **FIGURES** | | **COACHING POINTS** | |
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| **MAIN TOPIC** | | **FIGURES** | | **COACHING POINTS** | |
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| **COOL DOWN** | | **FIGURES** | | **COACHING POINTS** | |
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| **4 CORNER** | **TECHNIQUE** | **TACTIC** | **PHYSICAL** | | **PSYCHOSOCIAL FACTORS** |
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| **DATE :** | | **AGE GROUP :** | | **COACH :** | |
| **WARM UP** | | **FIGURES** | | **COACHING POINTS** | |
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| **MAIN TOPIC** | | **FIGURES** | | **COACHING POINTS** | |
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|  | | **C:\Users\csiskos\Desktop\small side games.png** | |  | |
|  | | **C:\Users\csiskos\Desktop\σχημα τελικο παιχνιδι.png** | |  | |
| **COOL DOWN** | | **FIGURES** | | **COACHING POINTS** | |
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